

Fall 2021 Edition



**northern maine**  
M E D I C A L C E N T E R

194 East Main Street | Fort Kent, ME 04743 | (207) 834-3155 | [nmmc.org](http://nmmc.org)

## ***Meet Our Providers***



Front Cover Feature: ***Madawaska Family Practice***  
(L-R) Debbra McGlaughlin, FNP-C; Silwana Sidorczuk, MD; Jennifer Bresett, FNP-C

# Index

Emergency Department	4–5
Fort Kent Family Practice & OB	6
Obstetrics & Gynecology	7
Internal Medicine – Fort Kent	8
Family Medicine – Madawaska	8
Family Practice – Madawaska	9
Orthopedics	10
Hospitalists	11
Anesthesia	12
General Surgery	13
Oncology & Hematology	14
Pathology	14
Radiology	15
Psychiatry & Behavioral Health	16–17
Family Practice – Fish River Rural Health	18
Sleep Medicine	19
Urology	19
Specialty Clinics	20
Forest Hill Rehabilitation & Skilled Nursing Center	21
Ancillary & Other Services	22–23

## *Your Hometown Boutique Pharmacy*



9 a.m. to 6 p.m. Monday through Friday  
9 a.m. to noon on Saturday, Closed Sundays

**104 Main Street, Madawaska**

**Phone: 207-728-7200**

**FAX: 207-728-7227**

**Email: [nmmcpharmacy@nmmc.org](mailto:nmmcpharmacy@nmmc.org)**



Care you count on.  
People you trust.



## *Meds-to-Beds Program*

Nothing is more important for a successful recovery than understanding & managing your medications safely after you leave the hospital.

Call to learn more about our *Meds-to-Beds Program* at 207-834-1690.

To receive updates & e-news from NMMC, send an email to [monica.jerkins@nmmc.org](mailto:monica.jerkins@nmmc.org)



194 East Main Street, Fort Kent, Maine 04743 \* (207) 834-3155

# Emergency Department

(207) 834-1430



Erik St. Pierre, MD  
Emergency Department  
Director



Colin Fitzhenry Coor, MD



Walter Doerfler, DO



David Ettinger, MD



# Emergency Department

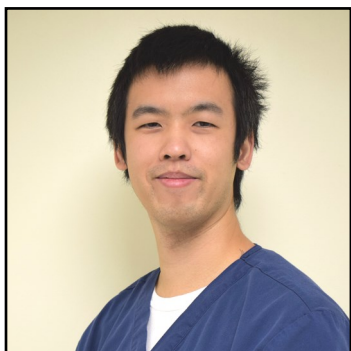
(207) 834-1430



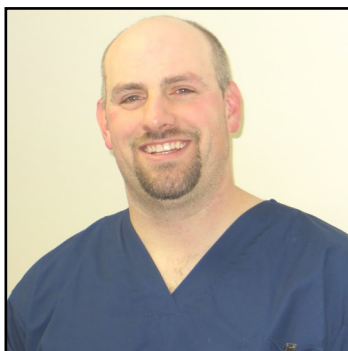
John Joseph, MD



Stephanie Michaud, FNP-C



Raymond Wong, DO



Brad Schmeling, PA-C



Joel T Whitaker, PA-C

---

# FK Family Practice & OB

(207) 834-6140



Kristin Hartt, MD



Alexandra Roberts, MD



David Clark, DO



Christy Madore, FNP-C



Charles Albert, PA-C

# Obstetrics & Gynecology



Joyce Hebert, MD  
(207) 834-5912



Anne Soucy, MD  
(207) 834-6140



# Internal Medicine -Fort Kent

(207) 834-6784



Paula Carson-Charette, FNP-C



Lisa Eno, FNP-C



Mark Cieniawski, MD



Danielle Desjardins, FNP-C

# Family Medicine –Madawaska

( 207) 728-6359



Steven Albert, FNP-C



Michael P. Welch, MD

# Family Practice -Madawaska

(207) 728-7300



Debbra McGlaughlin, FNP-C



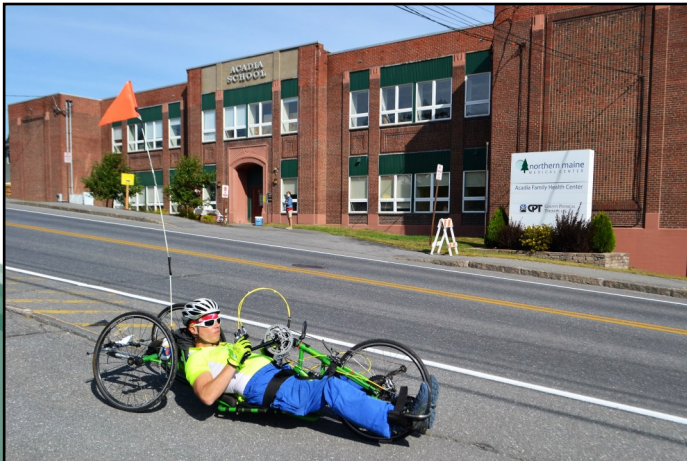
Jennifer Bresett, FNP-C



Sonya Poiesz, FNP-C



Silwana Sidorczuk, MD



# Orthopedics

(207) 834-5912



John LeBlanc, DO



John Hallberg, MD



**Our full orthopedic service provides general orthopedic services as well as knee and hip replacement, sports medicine and the management of fractures. We also offer a wide variety of orthopedic interventions to enhance quality of life for patients dealing with chronic conditions.**

**For your convenience, we have offices in  
Fort Kent & Madawaska**

# Hospitalists

( 207) 834-3155



Michael Sullivan, MD  
Interim Medical Director RHC



Danae Kershner, DO  
Hospitalist Lead



James Harris, MD



Laura Silver, DO



Vito Longobardi, MD

# Anesthesia

(207) 834-1603



Andrea Bouchard, CRNA  
Director of Surgical Services  
Chief CRNA



Lynn Littlejohn-Cyr, CRNA



Kevin Hamilton, CRNA



Michael Saucier, CRNA



# General Surgery

(207) 834-3060



Shahriar Anoushfar, DO



Daniel Crawley, MD

Experienced Board Certified surgeons offering all surgical office procedures, major laparoscopic and open abdominal procedures, trauma surgery and surgical critical care, colorectal, breast, endocrine, cesarean sections, as well as outpatient procedures.

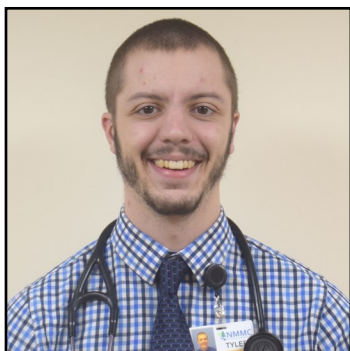
## Center for Gastrointestinal Health (By referral)

GI Modalities including:

- ⇒ endoscopic procedures (EGD & Colonoscopy), including non-invasive Capsule Endoscopy
- ⇒ Therapeutic Endoscopy in polypectomy, GI Bleed, EMR, ESD
- ⇒ pH testing -wireless & catheter based
- ⇒ High Resolution Esophageal Manometry
- ⇒ Stretta

# Oncology & Hematology

(207) 834-5912



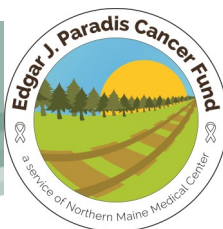
Tyler Stoliker, FNP-C

# Pathology

(207) 834-1475



Michael Porter, MD



[paradiscancerfund.org](http://paradiscancerfund.org)

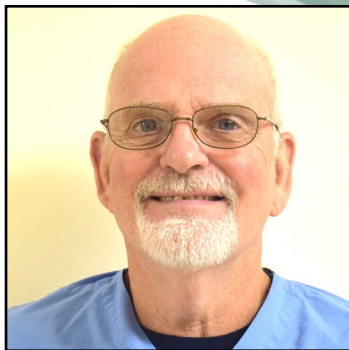


# Radiology

(207) 834-1420



Marilyn Ray, MD



Joseph Flynn, Jr., DO



# Psychiatry & Behavioral Health

Fort Kent & Madawaska — (207) 834-3101



Mark Overton, MD



S. Carolina Merida-Copeland, MD



Alicia Soucy, PMHNP



Melissa Stoliker, PMHNP



Crystal Hughes, LCSW  
Fort Kent & Madawaska



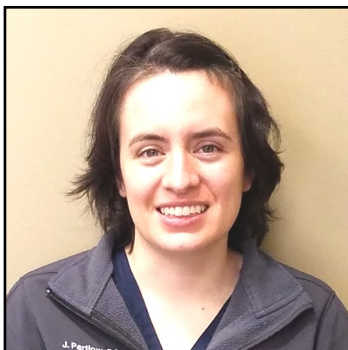
Jodi Cote, PMHNP



# Family Practice Fish River Rural Health



Cameron Grange, MD, Fort Kent (207) 834-3971



Jessica Partlow, DO, Fort Kent (207) 834-3971



Paul Pelletier, MD, Eagle Lake (207) 444-5973

# Sleep Medicine

(207) 834-1308

**David Weed, DO**



Kayla Caron, FNP-C

# Urology

Specializing in the  
diagnosis and treatment  
of urological conditions  
in men and women.

(207) 834-5912



John Karod, MD

# Specialty Clinics



Medical Office Building  
197 East Main Street  
Fort Kent, Maine 04743  
( 207) 834-1573

**Northern Prosthetics & Orthotics**  
Daniel White, BOCPO

**Aroostook Orthotics & Prosthetics**  
Donna Gallant, BOCO, Cped, CMF

**Pacemaker Clinic**  
John Raymond, PA-C  
Amratash Malodiya, MD

**Pain Management**  
Jonathan Herland, MD  
(207) 834-6784

# Forest Hill Rehabilitation & Skilled Nursing Center

25 Bolduc Avenue  
Fort Kent, Maine 04743  
(207) 834-3915  
Toll free: 1-877-857-4365  
FAX: 207-834-5538



Forest Hill is a 5 Star, 45 bed facility, offering long-term care and skilled rehabilitation in a home-like atmosphere. Hospice and respite services are also available and provide family oriented support.



Michael Sullivan, MD  
Interim Forest Hill Medical Director

# Ancillary & Other Services

## **Cardiopulmonary & Sleep Services** (207) 834-1308

Services include: evaluations, treatments and therapies for patients suffering from chronic obstructive pulmonary disease and other respiratory disorders; electroencephalograms; cardiac stress testing, holter and event cardiac monitoring, and sleep studies.

## **Diabetes Education** (207) 834-1946

The program is designed to assist people with diabetes in learning about the disease, its treatment and self-management. It is a comprehensive outpatient diabetes education program in compliance with the Diabetes Self-Management & Support Service accredited by the American Association of Diabetes Educators (AADE).

<b>Laboratory</b>	<b>Fort Kent</b>	<b>(207) 834-1412</b>
	<b>Madawaska</b>	<b>(207) 728-7508</b>
	<b>Acadia Family Health Center</b>	

The Joint Commission Accredited Laboratory offers a full range of services including blood bank, hematology, microbiology, urinalysis, serology, and chemistry.

## **Oncology & Infusion Services** (207) 834-5912

RN's are certified in chemotherapy administration and infusion therapy for various conditions including blood transfusions and injections. The clinical care team works in close partnership with a patient's primary care physician to provide the best possible care for the patient and family.

# Ancillary & Other Services

## **Radiology & Imaging**

**Fort Kent** (207) 834-1412  
**Madawaska** (207) 728-3154  
**Acadia Family Health Center**

Radiology offers a wide range of diagnostic testing for both inpatients and outpatients. The services provided are diagnostic x-ray, fluoroscopy, 3D mammography, nuclear medicine, 64 slice CT, general and vascular diagnostic ultrasound, bone density and large bore MRI.

## **Therapy Services**

**(207) 834-3387**

Services include a range of inpatient and outpatient Occupational Therapy; inpatient Physical Therapy with emphasis on functional, progressive approach to the rehabilitation of injuries and restoration of function, speech therapy and swallow evaluations.

## **Swing Bed Unit**

**(207) 834-1683**

The goal of the Swing Bed Program is to return the patient to a permanent living situation as soon as possible after hospitalization. The emphasis is on returning the patient to their home or other living situation.

## **Social Work**

**(207) 834-1686**

Social Workers are an integral part of the interdisciplinary team available to assess, plan, and coordinate services during the hospital stay and after discharge.

## **Women's Pelvic Therapy**

**(207) 834-3387**

A specially trained therapist works with women who are dealing with urinary incontinence, urgency and frequency of urination and the treatment of pelvic prolapse and associated pain. Patients are accepted by referral from Primary Care Providers.



*Care you Count on,  
People you Trust*

