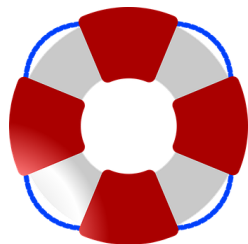




January 6, 2023

Between Friends



HIS' Lifesaver of the Month

Congratulation to **Anne Pinette**—HIS's Lifesaver of the Month

Some of the statements the HIS Team said about Anne:

- *Thank you for all you do for our dept. You are appreciated.*
- *Thank you for helping us with scanning. We appreciate it.* Heidi
- *Thank you Anne for offering your help in our department and for helping me with my Guild envelopes. Much appreciated!* Sharon
- *Thank you Anne for helping out our dept and all you do for NMMC. You are greatly appreciated.* Debbie

CEO Forum Reminder

- ⇒ Monday, January 16 at 2p.m. Forest Hill A&B
- ⇒ Tuesday, January 17 at noon Psych Gym
- ⇒ Tuesday, January 17 at 2 p.m. Psych Gym
- ⇒ Thursday, January 19 at 7 a.m. Psych Gym
- ⇒ Thursday, January 19 at Noon Fraser Conference Room

Our CEO will inform you of NMMC updates.

He also feels it is important to hear from you - there will be an open forum for employee questions.

Please come join us.



NMMC Emergency Codes

- Dr. Red** - Fire
- Code Pink** - Abduction
- Code Green** - Threat Situation
- Code Silver** - Active Shooter
- Code B** - Bomb Threat
- Code Triage** - Disaster
- Cold Alert** - Anesthetic Crisis

In this Edition:

- Welcome Our New Employees.
- What Our Patients Are Saying
- Service Milestones
- Upcoming Birthdays

Important Note:

We will be pivoting to a different form of employee communication going forward.

This Edition of Between Friends will be the last Between Friends as you know it.

We look forward to presenting to our employees a newsletter on the 3rd week of each month which will update you on our pillars, goals and upcoming activities.

Meet Our New Employees



Welcome to our NMMC Family!

Nikolas Lallemand, Patient Access Manager

Emily Dumond, HR Assistant/Recruiter

Morgan Dumond, ICU RN

Mary Ellen Ward, OR RN

Tamara Plimmer, RN Supervisor

Ryan Remalia, Nutrition Aide

Cassidy Peirce, EVS Attendant

Michael Cameron, EVS Attendant

What Our Patients Are Saying About Us

- I was in pain and they stayed open even during Bad storm we had. I appreciated that, she called the pharmacy for my meds. Very nice of her to do that for me. thanks.
- He spoke English and communication was excellent he is one of the best I've had in that office thank u.
- He was a very caring person.
- You did very well, it was it was a good experience. Thank you very, very much. I appreciate it. Bye.
- Everything was perfect.
- Overall experience very positive. Physician took his time and listened to how I was feeling. He explained in detail how he was going to proceed and what medication he was prescribing. He was very thorough. He was very pleasant and made me feel very comfortable, as it was the first time my husband and I had met him. It is an asset to the medical group.
- Lisa is always willing to listen to her patients, really takes the time to explain treatments.
- Dr Hartt is amazing. She is very easy to talk to.
- Very pleased with our local hospital and their Doctors and staff.
- I was very happy with the route of care my provider gave me.

January's Code of Conduct Reminder:

I will ensure a patient's personal and private information is kept confidential at all times.



January

National Blood Donor Month

January 27 National Activity Professional's Day

January 16 Martin Luther King Jr. Day

Employee Activity Committee

If you have events you would like to see or be part of in 2023, please contact one of the Employee Activity Committee members. If you'd like to join the Committee, please contact Robin in the Human Resources Department.



Nelson Theriault	1.8	Amy Guerrette	1.9
Christine Desjardins	1.9	Anthony Edwards	1.9
Danielle Pelletier	1.10	Stephanie Wood	1.10
Noelle Bouchard	1.11	Rose Michaud	1.12
Misty Bechard	1.12	Vivian Drolet	1.12
Cindy St. Jarre	1.13	Alexandra Roberts	1.13
Kara Gendreau	1.15	Nicole Saucier	1.16
Janice Collins	1.17	Keith Pinette	1.17
Michelle Deschaine	1.17	Katelyn Beaulieu	1.17
Andrea Dumond	1.19		



Weight Loss Warriors

Join a team of Northern Maine Medical Center employees
in a friendly and healthy weight loss challenge.

From January 10th to April 11th (final weigh in).

At the start of the challenge, each participant pays
\$10 to be in the challenge.

The employee with the highest weight loss percentage in this timeframe, wins the jackpot of all the money collected from the participants.

(Calculation for weight loss %: divide the amount of weight lost in pounds by the starting weight, then multiply that by 100).

Weigh-in is every Tuesday in the

Surgical Specialties Department from 7-7:30 am or 4:30-5 pm

or, you can send in a picture of your weight while being on the scale to Lyndsey Szabo or Vanesa Pelletier.

Questions? Please contact Lyndsey or Vanesa.

Keeping You Informed

The State of Maine has determined that they require 2 doses of varicella and 2 doses of measles, mumps and rubella for healthcare workers and a history of the disease(s) is not acceptable to prove immunity. Proof of immunity with a titer (lab work) is acceptable as an alternative.

With that noted, the task for our Infection Preventionist was to review all employee files to identify the employees who needed to have a varicella and/or a MMR titer. Some of our employees have been identified to need titer(s). If you are an employee who has been identified, you will receive an email with instructions.

- A varicella titer, also called a varicella antibody titer test or VZV titer, is a blood test to check for your immunity to chickenpox due to previous vaccination or infection. It checks for chickenpox antibodies in the blood.

- An MMR titer is a blood test that checks for immunity (from prior vaccination or infection) to the Measles, Mumps and Rubella infections. We thank you for your cooperation in this matter.



45 Years
HOBBINS, JEANNINE

40 Years
BONENFANT, KIM
MALMBORG, CONNIE
CHARETTE, CYRILLA

35 Years
BOUCHARD, DENNIS

30 Years
STOLIKER, DAWN

25 Years
BARD, JOSEPH
ANDERSON, JANICE
ENO, LISA
BABIN, CLAUDETTE

20 Years
DAMBOISE, ROBIN
CYR, ANGELA
LAVOIE, PAMELA
BONENFANT, SHIRLEY
PELLETIER, LISA
THERIAULT, SHANNON
PELLETIER, TINA, MA
PARADIS, KIM
DESJARDINS, CHRISTINE
LIZOTTE, TINA
JANDREAU, TRAVIS
DEPREY, APRIL

15 Years
GUERRETTE, TINA
JANDREAU, MEAGAN
PLOURDE, ASHLEY
PINETTE, KEITH
HARTT, KRISTIN
SIDORCZUK, SILWANA
BOUCHER, LISA
OUELLETTE, MANDY

10 Years
DILL, RENITA
VACHON, LISA
PELLETIER, DANIELLE
POIESZ, SONYA
BUTLER, DUSTIN
ROWLES, JANET
CANNAN, DEBORAH
OUELLETTE, BENSON
BARD, CHRISTOPHER
THIBODEAU, KRISTINE
BEAULIEU, DANIEL
CARON, TERRY
SAUCIER, KELLEY
OUELLETTE, VICKY

5 Years
PARADIS, DEMI
FORINO, JOHN
CHARETTE, GINA
DAIGLE, TAYLOR
BOUCHARD, ANDREA
PELLETIER, DEBRA
CARON, ROBYN
ALBERT, MELISSA
NADEAU, TONILYNN
GUIMOND, ALISHA
FAVREAU, HEATHER
VOISINE, SANDRA
PELLETIER, VANESA
DUBOIS, KEVIN
ANDERSON, MATTHEW
VOISINE, SAMANTHA
PINETTE, ANDREA
BERGERON, SHANTEL
CASEY, SAMANTHA
GODIN, MICHELLE
OAKES, CINDY
WHITEHEAD, LEIGHLAND
GAGNON, STEVE

**Congratulations to all of
our employees who have
reached service milestones
by the end of 2022.**

**We will plan to have a
celebration in the Spring of
2023.**

